

**2025-2026**

# **CROWN READY**

**PAGEANT PREP PROGRAM**

Organized by


**GEN ALPHA**



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**THIS 16-WEEK ELITE TRAINING PROGRAM IS DESIGNED FOR YOUNG WOMEN AND TEENS PREPARING TO COMPETE IN THE MISS EAGLE PASS AND MISS EAGLE PASS' TEXAS TEEN AMERICA PAGEANTS UNDER THE MISS AMERICA ORGANIZATION. CLASSES PROVIDE STRATEGIC, SKILL-BASED COACHING ROOTED IN CONFIDENCE, SERVICE, SCHOLARSHIP, AND STAGE READINESS.**

## **WEEK 1:**

### **WELCOME & PAGEANT SYSTEM ORIENTATION**

- **CLASS: PAGEANT 101** - THE MISS AMERICA ORGANIZATION
- **OPICS: HISTORY**, COMPETITION BREAKDOWN, SCORING CRITERIA, EXPECTATIONS OF A LOCAL TITLEHOLDER
- **WORKSHOP:** VISION BOARD + GOAL SETTING

## **WEEK 2:**

### **WELCOME & PAGEANT SYSTEM ORIENTATION**

- **CLASS:** INTRODUCTION TO INTERVIEW & COMMUNICATION STRATEGY
  - **TOPICS:** CRAFTING YOUR STORY, CURRENT EVENTS AWARENESS, FIRST IMPRESSIONS
  - **DRILL:** 'TELL US ABOUT YOURSELF' MOCK INTERVIEW
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# WEEKLY SCHEDULE

03

## Interview Intensive II - Purposeful Messaging

- **Class:** Speaking with Passion and Clarity
- **Topics:** Social Impact Initiative (SII), tough questions, persuasive tone
- **Exercise:** Peer interview with real-time feedback

04

## Talent Coaching I - Performance Fundamentals

- **Class:** Preparing a Winning Talent Presentation
- **Topics:** Talent selection, delivery style, stage presence
- **Coaching Lab:** Demo performance and critiques

05

## Talent Coaching II - Presence, Practice, and Poise

- **Class:** Talent Staging, Costuming, and Timing
- **Topics:** Blocking, transitions, wardrobe readiness
- **Activity:** Run full 90-second performance

06

## Runway Mastery I - Walk Like a Winner

- **Class:** Evening Gown + Fitness Wear Walk Training
- **Topics:** Poise, posture, posing
- **Mirror Work:** Walk drills in pageant heels

07

## Runway Mastery II - Owning the Stage

- **Class:** Choreography for Runway Presence
- **Topics:** Entrance/exit strategy, eye contact, smile control
- **Rehearsal:** Stage walk with critique and camera awareness



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## **WEEK 8:**

### **Midterm Showcase & Confidence Review**

- **Class:** Mock Pageant Round 1
- **Segments:** Interview, Talent, Runway
- **Evaluation:** Individual progress and feedback

## **WEEK 9:**

### **Social Impact Development & Leadership**

- **Class:** Crafting a Powerful SII That Creates Real Change
- **Topics:** Platform building, storytelling, project execution
- **Evaluation:** SII brainstorm + one-pager draft

## **WEEK 10:**

### **Community Service & Public Relations**

- **Class:** Turning Service into Legacy
- **Topics:** Volunteer work, press kits, writing bios
- **Activity:** Draft your first press release

## **WEEK 11:**

### **Style Strategy & Wardrobe Planning**

- **Class:** Personal Branding Through Fashion
- **Topics:** Color psychology, pageant wardrobe strategy
- **Style Lab:** Gown selection + accessory planning

## **WEEK 12:**

### **Media & Social Media Etiquette**

- **Class:** Representing Yourself with Intention Online
- **Topics:** Social media do's and don'ts, digital legacy
- **Assignment:** Bio rewrite + content plan outline

## **WEEK 13:**

### **Dining Etiquette & Appearance Behavior**

- **Class:** Crown & Table - Professional Etiquette for Titleholders
- **Topics:** Fine dining etiquette, poise, posture, hosting skills
- **Simulation:** Luncheon with mock interview conversations

### **WEEK 14:**

#### **Health, Fitness & Mindset for Titleholders**

- Class: Wellness for Energy, Strength, and Confidence
- Topics: Fitness routines, balanced eating, self-care
- Practice: Morning rituals + affirmation journaling

### **WEEK 15:**

#### **Final Prep + Rehearsal Showcase**

- Class: Pageant Rehearsal - Start to Finish
- Topics: Flow of show, transition timing, cue readiness
- Drill: Full mock pageant with judges

### **WEEK 16:**

#### **FINAL SHOWCASE + CROWN READY CERTIFICATION**

- Class: Crown Ready Certification Day
- Activities: Full pageant showcase, judges' choice awards
- Ceremony: Headshots, certificates, and community celebration

### **BONUS WORKSHOPS**

(Open to Public)

- "Lunch with a Queen" Crown Table Etiquette – \$35
- Confidence Camp for Teens (12–16) – \$60
- Crown Etiquette + Autograph Signing Class – \$40
- Styling & Wardrobe Planning Night – \$45

### **PRIVATE COACHING ADD-ONS**

Can be booked à la carte or as part of Deluxe Queen

- Walk Coaching / Runway: \$40/hour
- Talent Coaching (Dance/Acting/Vocal): \$45/hour
- Interview 1:1 Mock Panel: \$45/hour
- Hair & Makeup Trial Session (Partnered MUA): \$45–60

## **The Royal Crown Institute**

*Where Confidence, Poise & Leadership Reign*